

SEL workshop

Intertwined with participatory activities and discussions, this tour of the SANAA-designed River building explores questions that shaped the architecture and guides the humanitarian work of Grace Farms Foundation. Experience how intentional architecture creates inclusive spaces and take time for contemplation and reflection.

Led by a Grace Farms educator, students will pause to take a closer look at design, nature, and site-responsive art work. Collaborate to weave a giant web in the landscape and form a deeper understanding of community, notice artworks that create beauty from disorder, and examine architectural elements that support a thriving landscape. The SEL Workshop explores themes from embracing failure to what it means to flourish personally and as a community.

This 90-minute program focuses on three pillars of the CASEL Framework: Self-Management, Social Awareness, and Responsible Decision Making.

curriculum standards

NGSS ETS 1.B, ETS 1.C, GEO 9-12.7, GEO 9-12.8, ECO 9-12.1, CIV 9-12.1

Additional Resources to Explore

[Design for Freedom Report](#)

[Design for Freedom Toolkit](#)

[2023 Annual Report](#)

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practicing poetry

One of the practices at Grace Farms is reading poetry in a meditative and reflective way. The goal is not to analyze or study the text, but instead to listen attentively and see what resonates with you.

You can feel free to do this practice with any poem or short text that you want. We suggest *Honoring* by **Joy Harjo**.

The Practice

The practice goes like this: we will read a poem or a selection of a text out loud, three times. The same person can read all three times, or you can have a different person read each time.

1. The first time the poem is read, simply listen, and let the words wash over you. Have a moment of quiet.
2. Then, the poem is read again a second time. As you hear it for a second time, listen for what catches your attention – what makes you think a little deeper, what resonates with you, or what stands out to you? After the poem is read, everyone is invited to share a word or phrase that stood out to them. It shouldn't be accompanied by an explanation of why, or what you think it means, but rather simply repeat the word or phrase back. Everyone should have an opportunity to share, but it is not required. Offer silence and space.
3. Finally, the poem is read for a third time, and the practice ends.

Discussion

Wait to talk about the content or meaning of the text and do so if (and only if!) students want to and are leading that conversation.

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